# **Rheumatology Grand Rounds**

CME Credit provided by The University of Arizona College of Medicine - Tucson

### Friday, January 24, 2020

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## "Insomnia: What The Rheumatologist Needs To Know"

Rheumatology Grand Rounds: 9:00 – 10:00 AM Chase Auditorium – Room 8403

Learning Objectives: Participants should be able to:

- 1. Understand the basics of sleep medicine
- 2. Know the core principles of treating insomnia
- 3. Understand how rheumatologic disorders affect sleep
- 4. Appreciate how our common medications affect the sleep cycle

Target Audience: Physicians and other healthcare providers

Methodology: Grand Rounds Lecture

#### Accreditation Statement:

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Disclosure Statement(s):

All Faculty, CME Planning Committee Members and the CME Office Reviewers have disclosed that they have no financial relationships with commercial interests that would constitute a conflict of interest concerning this CME activity.

If you have any questions, please contact the Division of Rheumatology at 626-6399.

